## **Edmonton Islamic Academy**







**JANUARY 2025** 



### **DATES**:

Classes Resumes: Monday, January 6th

Israa and Miraj: \_ Monday, January 27th

Umrah Simulation: One date during last week of January

Information to follow)

World Hijab Day: Friday, January 31st

### **Edmonton Islamic Academy**

Principal: Mr. Ibhrahim Abougouche abraham.abougouche@islamicacdemy.ca

Resident Imam at EIA: Imam Jamal Taleb imam.jamal@islamicacademy.ca

ECLC Assistant Principal: Ms. Mariam <u>mariam.abougouche@islamicacademy.ca</u> Ext. 401 ECLC Receptionist: Ms. Zaynab Rahime <u>zaynab.rahime@islamicacademy.ca</u> Ext. 400

### **Team of Educators:**

Ms. Fatima Younes; Ms. Jinan Yassine; Ms. Umama Syed; Ms. Sherin Keshta

Ms. Montaha Haymour; Ms. Fadwa Al-Hasan

Ms. Mahassen Elayoubi; Ms. Seham Rahime; Ms. Sabina Sekander; Ms. Nadine Karout



### **Islamic Reflection on Compassion:**



Prophet Muhammad made a clear connection between belief in Allah SWT and compassion.' In a saying of the Prophet narrated in Al Tabarani he said You won't be true believers unless you have compassion." When people heard him say this people said 'Oh Prophet, we are all merciful." He replied 'I am not referring to the mercy that one of you would have towards his companion or close friend but I am referring to mercy or compassion to all"

We all desire to be understood, to have others relate to our opinions, and to feel our pain. We want others to listen to us, connect with us, and imagine themselves in our shoes, seeing the world through our eyes.

This is the essence of empathy-stepping into someone else's perspective. When someone shows empathy toward us, we feel a sense of closeness, trust, and comfort. It becomes easier to share our thoughts, seek their support during challenges, and find solace in their understanding.

Empathy is a natural human ability that fosters connection. It's the reason you might find yourself moved to tears while reading a tragic story, watching a powerful movie, or hearing about someone's hardships.

Empathy has two key dimensions: cognitive and affective. Cognitive empathy involves intellectually understanding another person's emotions, thoughts, and needs. Affective empathy, on the other hand, is about actually experiencing the emotions someone else is feeling.



### FROM YOUR ASSISTANT PRINCIPAL:

Dear Parents,

Assalamu Alaikum wa Rahmatullahi wa Barakatuh,

I hope this message finds you and your family in the best of health and Iman. As the winter break comes to an end, we at ECLC are excited to welcome your children back to school for a productive term ahead.

Our goal remains to nurture their academic, spiritual, and personal growth, ensuring with the will of Allah SWT lifelong learning strategies and concepts alongside a deep connection to Islamic values.

Your continued support as partners in education plays an essential role in their success, and we look forward to working closely with you to make this a rewarding experience for everyone.

In Sha Allah, I will continue to meet with the children to discuss and/or read about compassion and empathy for others. Compassion and empathy are the cornerstones of meaningful human connections, fostering an environment where understanding and care thrive. Developing these qualities begins with actively listening to others, seeking to understand their perspectives without judgment. When we recognize the challenges and emotions others face, we create a bridge of shared humanity.

Acts of kindness, no matter how small, can significantly impact someone's life and deepen our sense of connection. By placing ourselves in others' shoes, we not only nurture our own emotional intelligence but also cultivate an atmosphere of trust and support. Compassion and empathy remind us that our collective well-being depends on treating each other with respect, patience, and love, ultimately enriching our personal and communal lives.

Jazakum Allahu Khayran

Ms. Mariam Assistant Principal ECLC



### **Curriculum Corner:**



### **ISLAMIC STUDIES:**

- The students memorize and recite the first three Ayats of Surat Al-Kawthar.
- The students will learn and review the first fourteen names of Allah SWT
- The students will learn the names of Allah SWT: Al- Gafar— الغفار and Al- Gafar
- The students will learn and recite the Duaa for observing an Umrah: Rabana Atena fe dunya hasanah wa fe lakherate hasanah wa qena athaba nnaar رينا آتنا في الدنيا حسنة و في الأخرة حسنة و قنا عذاب النار
- The students will learn about our beloved prophet's PBUH son Ibrahim
- The student will learn the seyrah about the year of the elephant.

### **ARABIC:**

- The students will learn the following letters:
  Sheen ش Saad ص Daad
- The students will read and write: Sheen ش Saad ص Daad ض
- The children will vocabulary with the letters
- The children will colour pictures with the mentioned letters



### **Curriculum Corner:**



### **LANGUAGE ARTS:**

- The students will be learning the following letters and sounds: Kk; Hh; Gg; Bb and Ee.
- The students will practicing formation of the letters:
  Kk; Hh; Gg; Bb and Ee.
- The students will learn to blend 2-3 sounds in reading short vowel words.
- The students will be exploring rhyming words; segmenting and sight words.
- The students will attend to listening and speaking skills (what is a question and what is an answer).



**MATH:** 

- The students will learn the following numerals: 0; 10; and 8.
- The students will learn to identify, subitize and form the numerals: 10 and 8.
- The students will learn to identify the and explore the characteristics of the star shape.
- The students will will begin to explore and apply patterning skills.



### **Curriculum Corner**:



### **SOCIAL STUDIES:**

- The students will understand that places can be a part of the community; such as: playgrounds, natural areas, schools, hospitals, police stations, fire stations or city hall.
- The students will understand that places in the communities have distinct features and symbols.
- The students will classify familiar places in our community.



### **SCIENCE:**

- The students will examine and describe surrounding environments.
- The students will understand that environment refers to physical surroundings; including plants, humans and animals; including human made structures such as buildings and roads.





# Strategies to Teach Empathy at Any Age

- Model empathy.
- Discuss emotions.
- Help out at home, in the community, or globally.
- ✓ Praise empathetic behavior.